

# 2021-2022 After School Snacks

Minimum daily serving = 2 components  
G/B 1oz – MM/A 1oz –F F/V ¾ c—MILK 8oz

## Cycle Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>WG Cereal bar</b> 1G/B  <b>Dried Fruit ¾ C F/V</b>	<b>Bug bites</b> 1G/B  <b>6oz 100% Juice</b> ¾ C F/V	<b>MJM graham</b> 1 G/B  <b>Cheese Stick</b> 1 MM/A	<b>WG cereal bowl 1oz</b> 1 G/B  <b>Milk 8oz</b>	<b>Assorted Snacks</b>  <b>6oz 100% Juice</b> ¾ C F/V
<b>MJM Graham</b> 1 G/B  <b>Milk 8oz</b>	<b>WG Goldfish Crackers</b> 1 G/B  <b>6oz 100% Juice</b> ¾ C F/V	<b>WG Cheeze It Crackers</b> 1 G/B  <b>Cheese Stick</b> 1 MM/A	<b>WG Brownie</b> 1 G/B  <b>Milk 8oz</b>	<b>Assorted Snacks</b>  <b>6oz 100% Juice</b> ¾ C F/V
<b>WG Chex Mix</b> 1G/B  <b>Milk 8oz</b>	<b>Cinnamon Bug Bites</b> 1G/B  <b>6oz 100% Juice</b> ¾ C F/V	<b>Baked Chips</b> 1 G/B  <b>Cheese Stick</b> 1 MM/A	<b>WG Chocolate Chip Cookie</b> 1 G/B  <b>Milk 8oz</b>	<b>Assorted Snacks</b>  <b>6oz 100% Juice</b> ¾ C F/V
<b>Cereal on the Go</b> 1 G/B 1OZ  <b>Milk 8oz</b>	<b>WG Cheeze It Crackers</b> 1 G/B  <b>6oz 100% Juice</b> ¾ C F/V	<b>Baby carrots</b> ¾ C F/V  <b>Peanut butter cup</b> 1 MM/A	<b>Cheese stick</b> 1MM/A  <b>Dried fruit</b> ¾ C F/V	<b>Assorted Snacks</b>  <b>6oz 100% Juice</b> ¾ C F/V

MENU SUBJECT TO CHANGE