

Harvest of the Month

Network for a Healthy California



DRY BEANS

Circle all beans on the menu.

- How many did you circle?
- What is your favorite bean variety?
- What is your favorite recipe with beans?



December 2018 Woodlake Unified School District K-8

We are a non pricing school district-breakfast and lunch are provided to all students at no cost!!

This institution is an equal opportunity provider

**Ice cold milk offered with all meals

Menu subject to change, advance notice given when possible

<p>UBR bar, dried fruit fruit juice 3</p> <p>Bean burrito Corn off the cob Red bell peppers Pretty pears</p>	<p>PBJ bar, fresh carrots fruit juice 4</p> <p>Breakfast for Lunch Tender pancake Sausage patty Tater tots Chilled orange juice</p>	<p>Cinni mini, fresh fruit fruit juice 5</p> <p>Cheese pizza Fresh garden salad Cucumber rounds Ranch dressing Pineapple tidbits <i>Late Start</i></p>	<p>Maple waffle, fruit cup fruit juice 6</p> <p>Chicken burger Seasoned fries Lettuce/Pickle/Tomato Frozen fruit cup</p>	<p>Muffin top, fresh carrots fruit juice 7</p> <p>Corn dog Cowgirl beans Jicama sticks Magnificent mixed fruit</p>
<p>Benefit bar, dried fruit fruit juice 10</p> <p>Pepperoni pinwheel Baby carrots Broccoli trees Fresh orange smiles</p>	<p>Blueberry bar, fruit juice 11</p> <p>Hamburger on bun Seasoned fries Lettuce/Pickle/Tomato Sliced onion Chilled orange juice</p>	<p>PBJ sandwich, fresh fruit fruit juice 12</p> <p>Pull apart cheese bread Dipping sauce Green beans Personality pears <i>Late Start</i></p>	<p>Pancakes, fruit cup fruit juice 13</p> <p>Chicken tenders Onion rings Ranch style beans Mixed fancy fruit</p>	<p>Cowboy bread, fresh carrots fruit juice 14</p> <p>Hot dog on a bun Pickle relish/onion Cucumber rounds Amazing applesauce</p>
<p>UBR bar, dried fruit fruit juice 17</p> <p>Teriyaki beef dunkers Steamed rice Broccoli trees Red bell peppers Fresh orange smiles</p>	<p>PBJ bar, fruit cup fruit juice 18</p> <p>Breakfast for lunch Dutch waffle Chicken sausage patty Tater tots Chilled orange juice</p>	<p>Muffin top, dried fruit fruit juice 19</p> <p>Cheese pizza Seasoned fries Cucumber rounds Pineapple tidbits <i>Minimum Day</i></p>	<p>20</p> <p>Winter Break First Day Back –Thurs, Jan 10, 2019</p>	<p>21</p> <p>Winter Break <i>How many books will you read over Break??</i></p>
<p>24</p> <p>Christmas Eve No School</p>	<p>25</p> <p>Christmas Day No School</p>	<p>26</p> <p>Winter Break</p>	<p>27</p>	<p>28</p>